



## **Respond beyond Words**

Sometimes things are so important that they cannot be expressed only in words. Words do not capture the 'whole'; words may only be a part of the story. Beyond words may be through The Arts, silence, liturgy, or reflection. There is space for things to be expressed in other ways.

"To teach means not only to impart what we know, but also to reveal who we are by living what we believe. It is this latter lesson which tends to last the longest." St. John Paul II

## This Spiritual Capability may involve:

- Using a range of alternative media to express beliefs or ideas
- Engaging in dialogue through silence
- Allowing 'sabbath' moments
- Freedom not to respond.

## Examples of educators promoting this capability could be when they:

- Allow time to reflect alone
- Lead students to spend time with or in beauty i.e. creation, a variety of architecture and reflecting upon emotions, thoughts and feeling found in these places
- Allow for appreciation and understanding of other people's nonverbal expression and what they may be trying to convey
- Incorporate music, drama and the visual arts to express beliefs or ideas
- Use Prayer, meditation, stillness or mindfulness to engage in dialogue through silence.

Updated: April 2019